

Spirit Release Therapy - a guide

Imagine if you will a lighthouse shining its beam of light out to sea on a dark, rainy night. The lighthouse keeper cannot choose which ships the ray of light guides into port, the light is there for all to see and use. So it is with us; as we become more spiritually aware and powerfully 'switched on', we begin to shine more brightly and like the keeper we cannot decide who or what is attracted to our light. We are noticed by both good and bad, and yet to dim it, is unacceptable. Therefore, we must learn to cleanse and protect ourselves on a daily basis.

When this is carried out regularly, we become much more in tune with our bodies and energy systems, and soon feel the sometimes slight changes, which point to the fact that we have picked up some negative energy. These attachments can be anything from the minor annoyance that we may feel from having brushed against someone, in an energy sense in the supermarket, to a full blown malign spirit attachment. The prime importance for us all, on a daily basis, is to ask our guides for cleansing and protection for each 24 hour period. This can be carried out in many ways, and there are lots of scripts available to do this, but the key to this work is in the asking, as we all have free will, if you don't ask you don't get.

The cycle of reincarnation, in which we return to the light for discussion, re-evaluation and education takes place every time we die, unless our spirit actively chooses to remain in the earth plane, or gets 'lost' and cannot either find the way to the light, or a loving being to guide them. Those entities which do not return to the light tend to join the spirit of the living beings for company, perceived enjoyment or control, often a mixture of all three.

Spirit attachments fall into 3 main categories:

Those who get 'lost'.

In the case of multiple deaths, upsetting circumstances, or any sort of upheaval or melee at the time of passing, the spirit may simply lose their way.

Story 1.

Client A came to me with a longstanding phobia of driving on the motorway, she could drive on all other types of road, including dual carriageways, but not on a motorway. She would panic, sweat profusely, be unable to breathe, and her arms would lock, making it almost impossible to control the car. It transpired that around ten years ago, whilst driving down the M1 she came across the site of a multiple death the day before. She was already in a distressed state and therefore more susceptible, as she was driving in thick fog, and the spirit of a young boy, who had died in the crash, attached to her. In the turmoil he had not been able to find his way to the light.

Client A was a loving mother and this child felt very comfortable with her. He used her energy, of which she had lots to spare and the only way she was affected was by the child's panic when she attempted motorway driving.

We removed the attachment and a very emotional boy was met by his mother and guided home to the light. The client actually felt great loss at the boy's passing, but quickly came to terms with it. The following Sunday, with me as a passenger, she drove down the motorway, still scared, still worried, but successfully.

Those who actively choose to remain.

These are souls who have previously been to the light, but in this instance do not wish to go. This is a generalisation but covers those who were drug addicts, alcoholics, heavy smokers, sexual deviants and abusers in their last life on earth. They know that such 'pleasures' are not available to them in the light, so wrongly presume that they can attach to similar bodies and still enjoy these pleasures second-hand as it were. This is not the case and they very quickly become very frustrated and angry earthbound spirits.

Story 2.

Client B was a drug addict wasting his life away and ruining that of those around him. He had ignored the many offers of help and was going downhill rapidly. We removed 2 entities from this young man, one of which was the malevolent spirit of a deceased drug addict. This attachment was, we were convinced, fuelling and nurturing his addiction. A week later client B chose to enter rehab, and to the best of our knowledge is still drug free.

The Truly malign

These dark energies, or demonic beings, live a life of fear, being part of a network, or grid, always being controlled by a more powerful being. They live their lives simply to manipulate and cause fear and upset and always have a negative effect on the host. However, even they, have a tiny spark of light within them, which if nurtured and allowed to grow, can save them from an eternal life of cold, dark and fear.

Story 3

Client C was a man in his late 40's, still single and living with his mother, and given to bouts of uncontrollable anger and frustration. We removed a total of four entities from the client, the last of which was a cold, dark, evil presence. It had been with our client 'from the seed' and boasted that it completely controlled him, "I jerk him around, if he wants to laugh I make him sad" it stated, also that it had "cut him off from love", and that the client's great anger was his attempt to fight control.

With angelic help this attachment was removed and despatched to the light. As with all our clients, he was filled with healing light and protected in the days to come. We now look forward to a positive improvement in our client's life.

I believe that we all have our place in the light, that the forbidding day of judgement is a figment of the church's desire to control. I believe we are all welcome in heaven unless we actively decide to turn away, and some souls decide just that.

Our energy fields are powerful and strong, usually quite capable of protecting us from intrusion. (especially when that protection is layered on a daily basis), but having said that, there are many who knowingly or otherwise, allow their auras to weaken. Examples would include serious illness, general anaesthetic, a massive fright, alcoholism, drug addiction, extreme anger, eating disorders, invitation at an unconscious level, invitation by an already embedded attachment, and light workers who do not cleanse and protect themselves. There are many more instances which would require deeper discussion, but simply put, any act of omission which seriously weakens our energy fields puts us at risk of becoming an unwitting, unwilling host.

The symptoms of a spirit attachment might include: lethargy (at the very least the spirit uses our precious energy to exist), sudden bouts of anger or frustration, unusual movements, cravings (try as you might you cannot stop smoking, overeating, drinking), sudden addictive personality, looking in the mirror, sudden onset of phobias (e.g. flying, lifts, heights driving).

It is a reasonably straightforward process to remove these attachments, no bells or whistles, just a procedure. We do not simply drive them out, leaving them at large to find another host. On the contrary all souls released in this way are coaxed (free will) and guided to the light by loving beings (often ones recognisable to them), or in the case of unrepentant dark energies, forcibly enmeshed in golden light then coerced or taken to the light by Archangel Michael and his helpers.

That done, is the problem over? It's not as simple as that. It is likely that the host would immediately feel lighter and freer, and have more energy, but they have become accustomed to behaving in a certain way - drink, anger, drugs etc. So whilst the driving force has gone, the habit is still strong and they require loving coaxing and gentle direction to help them return to their old selves. Continued protection is also paramount because if they do revert they will simply attract another needy spirit e.g. drinking.

This works for me and has changed the lives of many of our clients over the years. Listen to your bodies, listen to your inner voice and control your ego, judgement, resentment, anger and fear have no place in our lives. Easy to read, more difficult to do. Everything we think, feel and do directly affects the quality of our protection. As our skin protects our inner organs, and if we cut damage our skin, infection may enter, so our aura protects us energetically. As our spirit arrived for it's earth journey all it had was the motivation and desire to live it's plan, as a silent guide for life. We have enough work to do without being weighed down, or deflected from, our true path by extra 'baggage'.

So trust in life and the power of love and light. Ask for assistance and power-up your beam safe in the knowledge that you are indeed protected and a true child of god.