

Power

One of my favourite analogies about power is this: The Roman Empire effectively disappeared more than a thousand years ago, but a single human being that the Roman soldiers put to death on a cross continues to affect the lives of millions of people and shape the development of our species. Who had the real power in that scenario? Unfortunately this benign non-judgemental love has been abused by some, used for personal power and not in the best interests of the majority. Tens of thousands have been downtrodden, oppressed, tortured, maimed, and killed in the name of religion.

Is power a strong body to threaten and coerce, great beauty with which to control, or an erudite cunning that will trick and outmanoeuvre others? Strength will fade in time, beauty will diminish with age, and our brains will eventually become addled. So what remains? These are the superficial aspects of power that attract the unenlightened. They are weakness disguised as power. They prey on the fear-based emotions and actively detract and deflect us from our true purpose in this life. To balance our Karma, and in doing so, increase the positive energy of our world.

A truly powerful personality stands for non-judgemental love, quiet wisdom and compassion. Think of Mother Theresa, Martin Luther King, Nelson Mandela, Ghandi, and perhaps many other lesser known people who we meet on a personal basis from time to time. Some may perhaps see them as self centred and driven, but it's that very selfishness that makes it impossible for them to be deflected from their goal.

Perhaps the only true power that we should have is that which we exert over ourselves. "The world will bend around a man who knows his own power for he is like a Light that cannot be dimmed, or a rock that cannot be crushed" That does not mean to say that weak is acceptable or appropriate.

Here is the tale of a client of ours: Client A runs a healing centre and retreat. He had attracted a mass of malevolent entities to his Light and unfortunately did not cleanse and protect himself regularly and adequately. He suffered a nervous breakdown and felt he had misplaced his healing energy. He is a kind, thoughtful man who believed the best in everyone, and was easily swayed by strongly voiced opinions. We cleansed him of his attachments, and asked our Guides to heal and protect him. One of our Guides, who we call Arthur, had this to say: "We see you as being profoundly weak because you have an overpowering naïve belief that living a good life is enough. This is not the case! We must all be prepared to fight for our ideals. A powerful warrior can be a good man, as the importance is what he chooses to fight for. You will be given strength, and you will need to conserve it. Simply ask and openly accept when it is offered. You may be uncomfortable with the idea of where this power will lead, and perhaps you fear it will change your life. It certainly will!".

True power is life changing, and will lead to places we have no conception of. This to many can seem a little scary, but we have total choice and responsibility of how we use it. It is completely neutral, a stripping away of illusions, as our every thought or action has a consequence, which we must accept in an energy sense. A truly powerful person is humble, forgiving, accepts responsibility for the clarity of their thoughts and actions, and lives a love filled life. Embracing these traits will indeed change our lives, set us free, and increase the positive balance of us all.

Four steps to personal power and enlightenment

1. Accept Karma as a valid part of our lives. Everything we think say or do creates Karma. Remember Wisdom and Grace erase Karma, and we learn fastest through discomfort
2. End our suffering. What is.. is Resistance brings pain. Accept what we cannot change or move away from it. Do not chose to fight what we cannot win.

3. Develop a detached mind. Take a step back and watch the world go by. Allow negativity to flow past you without any effect
4. Continually test our viewpoint. Reality is merely our experience, our map of the world. Everyone sees things differently. If we change our viewpoint and remain unaffected, then where's the problem we used to have.

Here is an interesting meditation to help us strip off those superficial aspects of our lives and concentrate solely on our 6th sense, our connection to the Light.

I know I'm a man because I look at women, and I know I'm not one of these.

I know I'm quite tall because I look at shorter people and think that's not me. Yet next to a large oak tree, I'm really quite small

Make a list of all yourstall/short....rich/poor.....male/female....mother/daughter.....grumpy/fun

Now make a list of your I have's... house, family, dress style, car, family, until you have about 10 of each

Here's the fun part. Close your eyes, and imagine yourself floating in a safe place. Calm, centred and protected. Begin removing all those preconceptions slowly one by one. Concentrate as those ideas by which we define ourselves slowly drift away. Soon all that will remain will be that sensation of floating and your senses. So focus on what you see hear and feel, on your connection to the Divine. Call silently for advice and strength so you too may increase your true power. Simply heed what comes and enjoy floating.

When you have had enough, come back to earth again and look at your lists again. You might find that certain items may no longer as pertinent or as important any more, and other thoughts may have remained with you. Enjoy.

Our Guide Arthur had some stuff to say about 2012 recently, and I would like to share it with you.

Now is a very important time for us all. In readiness for 2012 The Angels of Light are preparing and making strong attacks on the forces of darkness, wherever they are. This requires to be instigated and guided by Earth-bound energy. To assist in this all like-minded Light workers should make time available to meditate and direct their thoughts towards the important goal of negating and removing evil from our society

We will be moving into a change of consciousness, a different way of looking at reality. Before the invention of the telephone, it would have been impossible to envisage how it would revolutionise our world. You would really have to see, and try one to fully understand. Post 2012 reality will have a different aspect for those who are aware. Many will continue to live in darkness and fear. Because they have no connection, they will remain closed to the opportunities, because they have never seen and tried.

The critical mass of positive energy will grow and grow until there can be no turning back. The balance will have shifted for ever. It will be like walking into a darkened room, and switching on a light. Things have always been there, in place ready, but invisible. The key is finding the switch, and trusting what becomes visible.

We must continue to accept responsibility for our actions as we work towards this goal. It will happen, we simply need to open up, and trust in what the Light is showing us.